



St Saviour's

Church of England Primary School

AUTUMN 1, WEEK 6

Let God transform you into a new person by changing the way that you think
- Romans 12:2 NLT

Dear Parents and Carers,

BLACK HISTORY ASSEMBLY

On Tuesday, every class tuned in to watch 'The Great Big Live Assembly' which was aired as part of Black History Month. This year the theme of Black History Month is "Celebrating Sisters". The Great Big Live Assembly showcased some of the stories of amazing Black women who have made our world a better place. This assembly was a great start and introduction into the work that we will be doing this month and helped the children to see:

- why celebrating Black History matters
- what difference Black women have made and still make to our world
- how we can all play our part to make sure everybody feels welcome in our schools



Watch this video by Dr Anne-Marie Imafidon - a former pupil of St Saviour's. <https://www.youtube.com/watch?v=3OCR8qG-Eb0>

Imagine a piece of technology that could change the world for the better. You can find more follow up activities later in the newsletter that you could get involved in at home.

EXCITING EQUIPMENT

This week, new and exciting equipment appeared on the playground which resulted in squeals and gasps of joy! From a giant chess set to hopscotch mats and masses of construction pieces, the children have had lots of fun being active at playtimes. The Sports Council and Playground Monitors are working hard to ensure that all of the equipment is well looked after and is used safely by all children.

SECONDARY SCHOOL ADMISSIONS 2024

Do you have a child who was born between 1 September 2012 and 31 August 2013 or who is currently in Year 6?

If so, they are due to start Secondary School in September 2024. To make an application please apply online www.eadmissions.org.uk by 31 October 2023. For more information visit the Waltham Forest Secondary Admission page on <https://www.walthamforest.gov.uk/content/applying-secondary-school> - place where you can download a copy of the Starting Secondary School 2024 brochure which has full details of how to apply for a Secondary School place.

I would like to end with a quote from the bible which reminds us to be kind and show compassion to others.

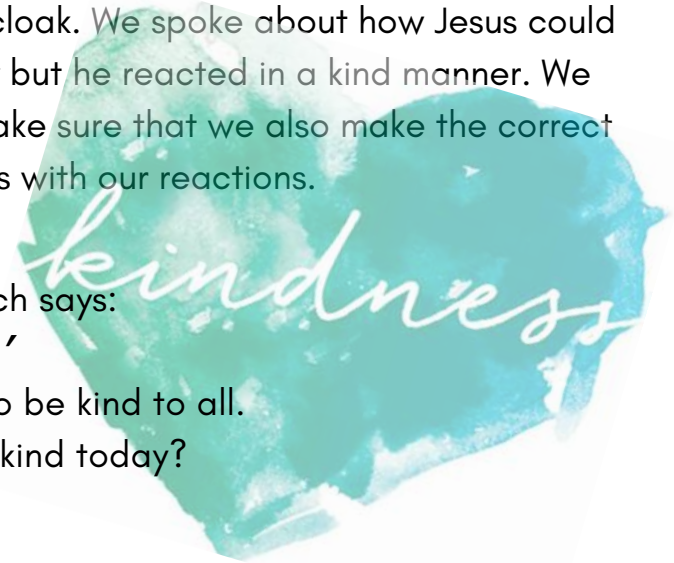
'Be kind and compassionate to one another, forgiving each other, just as God forgave you.' - Ephesians 4:32

Yours faithfully,
Miss Cherry



COLLECTIVE WORSHIP

This week in collective worship our theme was 'kindness'. We looked at why it is important to be kind to others and how it makes us feel when we are treated with kindness. We looked at a story from the Bible (Luke 8:40-48) where Jesus showed kindness to a woman who touched his cloak. We spoke about how Jesus could have reacted differently but he reacted in a kind manner. We discussed how we can make sure that we also make the correct choices with our reactions.



What can we do to show kindness?

There is a quote going around on social media which says:

'In a world where you can be anything, be kind.'

This is a very clear message and Jesus teaches us to be kind to all.

This can sometimes be really hard. How can we be kind today?

Y4 CLASS CORNER

Our book in literacy and reading lessons is Varjak Paw, a Mesopotamian Blue cat with the ability to use martial arts to overcome the deadliest of enemies! We have written our own versions of a Varjak Paw story; creating suspense and drama through our choice of sentence structure. Our focus is now non fiction writing and we are currently writing a report about the characters and setting of Varjak Paw.



Year 4's geography topic has included learning about alpacas. As well as studying our very own alpacas, we have been comparing how alpacas - and alpaca farmers - in the UK have very different lifestyles to those in Peru. One of the main differences is that alpacas in the UK are not usually the main source of money for farmers whereas in Peru, farmers depend entirely on them for their income. We have looked at the cost of keeping alpacas using spreadsheets and look forward to making alpaca slippers



SPORT SUPERSTARS

Congratulations to all of the children who raised money by being sponsored to complete a fitness circuit with athlete, Steve Frew.



VALUES CARD COLLECTORS

A huge 'well done' to Shiloh in Y3 who has already collected 10 values cards.

What a superstar!



THE GREAT BIG LIVE ASSEMBLY

To help the children reflect on what they have heard and seen in the Great Big Live Assembly, why not have a look together at some of these follow up activities that connect with Black History Month.

1. Read and discuss the poem *BLK History Month* by Nikki Giovanni, and create a similar poem using the first or last line as a prompt. Older children could choose a poem by Amanda Gorman as inspiration.

Why not go on to write a poem about Giovanni or Gorman and enter it into the national poetry competition? <https://www.blackhistorymonth.org.uk/black-history-month-poetry-competition-2023/>

2. Discover the artist Njideka Akunyili Crosby. She is Nigerian but lives in America and her art reflects the crossover between these two different cultures. Use her work to inspire individual art, or do a collage project in the style of her famous portrait of Thelma Golden.

3. Create a poster in a foreign language welcoming newcomers to your school. How can you ensure your poster reflects the diversity of the school and celebrates similarities and differences?

4. Anansi folklore stories originate from Ghana but are known throughout the world. Anansi means spider - he is a trickster who cleverly outsmarts those around him. What tricks could Anansi play in your school? How will he get himself out of trouble?

5. Talk about your favourite Black musicians. What is it you like about their music? Create a Spotify playlist for Black History Month.

6. Talk about female Black sports heroes, for example Boxer Nicola Adams, Lionesses star Jess Carter, and Sprinter Dina Asher-Smith.

7. Discover notable scientists such as space scientist Dr Maggie Aderin-Pocock, nurse Professor Dame Elizabeth Nneka Anionwu, biologist Dr. Vanessa Ezenwa and energy expert Dr. Eniola Fasan. Talk about how they solved problems. What new problems in space, medicine, and energy could be solved in the future?

BOOKS FOR KS1

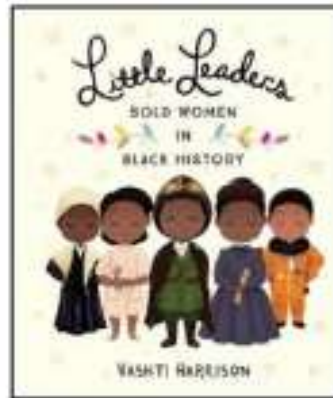


A beautiful and profound book, which chronicles the struggles and achievements of 50 historic and contemporary Black women from around the world. This is an inspiring book for girls and boys as it shows how a determined nature, ambition and hard work can make important change in the world.

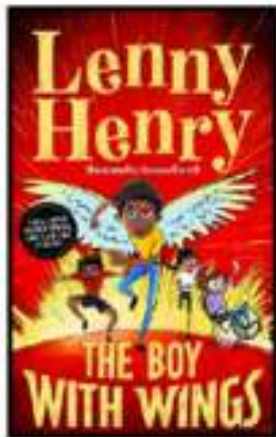


A beautifully told story of Black history, perfectly pitched at young children who want to learn more about their family – or anyone else's family. It's a story about ancient combs, of warrior queens and treasures, of beautiful fabrics and of storytelling – all set in Africa.

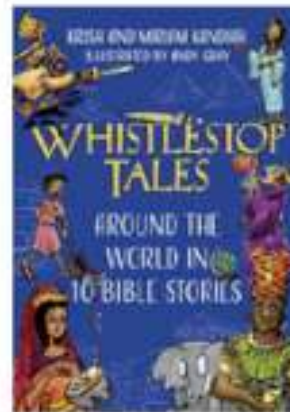
Rosa's story is brought to life for a young audience in this wonderfully accessible picture book, with comic-style illustrations. As well as learning about a key figure in American history, children will also understand the importance of being kind, fair and always standing up to injustice.



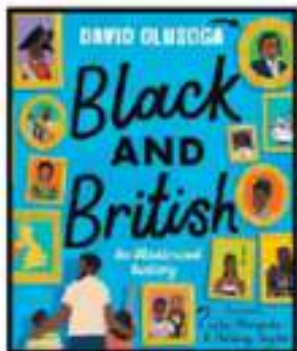
BOOKS FOR KS2



Sir Lenny Henry said he wrote *The Boy With Wings* because he didn't see Black heroes in the books he read growing up, and wants all children to see themselves appear centre stage in exciting, inspiring stories. This is a very funny and exciting story, that is brilliantly inclusive and raises issues such as bullying, racism, adoption, fostering and disability. Many children will be able to see themselves reflected in this book.



In ten action-packed stories, this book looks at racial diversity in the Bible by looking at characters in their original context and cultures. Krish and Miriam Kandiah are a mixed race couple with mixed race children and they bring their expertise as foster parents and theologians in these compelling and empathetic stories that can help children from all races encounter the wonders of the Bible and significant figures from ancient history.



When he was growing up, David Olusoga didn't think there had been any Black people in British history because nothing he learned at school told him that there was. This fascinating illustrated book features key Black figures from Roman, Tudor, Stuart and Georgian and Victorian Britain and tells their fascinating and often heartbreaking stories. This is a truly brilliant and well-realised book that would be great for every classroom.



This exciting collection features informative, interesting and inspirational stories from the lives of Black figures in history – from Roman times to the present day. Each story is just the right length to be read at bedtime and all are written and illustrated by Black creators from around the world. With their unfussy text, they are also ideal for young, independent readers who are sure to revisit them time and again.

STARS OF THE WEEK!



Year 1: Ada & Sarib



Year 2: Jannat & Sophia



Year 3: George & Sofia



Year 4: Destiny & Khaliah



Year 5: Kyran & Milan



Year 6: Chioma & Moises



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PROGRESS CUP WINNERS

A huge well done to **Emma & Zulfikar** who are this week's Progress Cup winners!



KS1 Progress Cup

Emma Year 1



KS2 Progress Cup

Zulfikar Year 6

ATTENDANCE AND PUNCTUALITY

Well done to **Year 1 Jane Goodall & Year 3 Albert Einstein** who have won the attendance mascots this week.



Year 1 Jane Goodall

99.64%



Year 3 Albert Einstein

99.08%



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ATTENDANCE AND PUNCTUALITY

The expected attendance level at St Saviour's is 97% and holidays during term time will not be authorised. All appointments, other than emergency ones, need to be booked outside of school hours. Other than in an emergency, a letter or appointment card must be presented at the Main Office ahead of the appointment for the school to be able to authorise the absence.

We have a 'Soft Start' for Y1 - Y6 where the school is open from 8:40am for children to arrive at school and settle ready for the start of the school day. Remember your child must be in school by 8:55am to avoid a late mark.

If your child is going to be absent due to illness, please call or leave a detailed message for the office team, including the reason your child is off sick.

SCHOOL DISMISSAL

To keep children safe when you collect your child at the end of the day or after clubs, can I please ask they you keep them close and not let them run ahead or walk far behind you.

If you have arranged for your child to be collected by another parent, friend or relative, please ensure that you have informed the school office so that the class teacher can be made aware and can safely dismiss your child. Please be patient if the teacher needs to check arrangements - the safety of your children is of the most importance.



BIKES AND SCOOTERS



Please can I remind parents that bikes and scooters should not be left overnight on the school grounds. Any bikes or scooters left will have to be removed from the racks to minimise risk of theft by leaving them visible overnight. If you are unable to take your child's bike or scooter home on the same day, please inform the school office to see if an arrangement can be made.

Please can I also remind parents and carers that electric scooters should not be used on or near the school site. They should not be used on a public road or in spaces that are set aside for use by pedestrians, cyclists; this includes on the pavement and in cycle lanes.

<https://www.gov.uk/government/publications/powerful-transporters/information-sheet-guidance-on-powered-transporters>



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HEAD LICE IN SCHOOL

Unfortunately, head lice are a common part of primary school life and as children spend so much time playing and learning together, it is very easy for them to spread. Anyone can get head lice and contrary to popular belief having head lice is nothing to do with your personal hygiene. Following a rise in cases identified by NHS England, please follow the guidance below:

Symptoms

Itching, although it is possible to have head lice without symptoms, so it is best to take a look.

How to check

Head lice are tiny and fast! Look behind ears, close to the scalp, at the back of the neck and under fringes. Adult head lice are 2 - 4 mm long, immature lice are even smaller.

What are head lice?

Head lice are live insects. Their empty eggs are called nits. Lice are wingless insects that hold on to the hair, feeding from the blood in the scalp. They spread through head-to-head contact, they do not jump. Adult females live for up to a month and lay around five eggs a day.

How to get rid of head lice

Wet combing:

1. Wash hair using ordinary shampoo.
2. Apply a conditioner to make combing easier (this also makes it harder for the louse to cling on).
3. Lightly towel dry the hair.
4. Using a comb designed for this purpose part hair into small sections and comb hair from the scalp to the end.
5. Wipe the comb each time and check for live lice.
6. Repeat until you are sure the whole head is combed.
7. Thoroughly rinse the hair and comb.
8. Comb every three days for at least two weeks until no more lice are found.

Medicated treatments:

These are available from pharmacies – please follow the treatment's instruction leaflet.

dimeticone 4% lotion or lotion spray – applied and left for 8 hours (usually overnight)

dimeticone 4% spray gel – applied and left for 15 minutes

mineral oil and dimeticone spray – applied and left for 15 minutes

isopropyl myristate and cyclomethicone solution – applied and left for 5-10 minutes

Prevention

Check your child's hair weekly – don't wait for there to be symptoms. This is by far the best way to prevent head lice. Make it a weekly habit! Please ensure that if your child has long hair it is tied back/up. There are a number of head lice prevention products available i.e. Vosene shampoo for kids, tea tree sprays etc.

Remember:

If you find head lice, check and treat the whole family at the same time.

Inform the school, baby-sitters, friends etc.

Lice only live on human heads they will not live on bedding or clothes.

They cannot jump or fly.

They are only caught by head to head contact.

SCHOOL EVENTS CALENDAR

Please find attached a calendar of events for the first half term. This calendar will be updated as additional events or trips are booked and will be shared here alongside exciting news each week.



OCTOBER 2023

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3	4 Year 1 trip to The Postal Museum	5 Harvest Festival Service	6 Year 2 DA Forest School Session	7	8
9	10 Big Live Assembly Black History Month 	11 Book Fair	12 Book Fair	13 Book Fair Year 3 RP Forest School Session	14	15
16 Book Fair	17 Book Fair Individual Photographs	18 Book Fair Year 3 trip to Legoland	19 Year 4 trip to Legoland	20 Year 3 AE Forest School Session Year 5 trip to London Eye & River Cruise	21	22
23	24	25	26	27	28	29
Half Term - 23rd - 27th October						
30 Back to school Autumn 2	31					



NOVEMBER 2023

MON	TUE	WED	THU	FRI	SAT	SUN
30	31	1 Science Dome Rec - Year 2 	2 Science Dome Year 3 - Year 6 	3 Year 4 COP Forest School Session Black History Month Event 	4	5
6	7 Parents' Evenings	8 Parents' Evenings	9 Flu Immunisation Rec - Year 6 	10 Year 4 MA Forest School Session	11	12
13	14	15	16 Mr Bubbleworks Y1 - Y6 STEM Week	17 Year 5 MC Forest School Session Children in Need - Wear something Spiffy	18	19
20 Odd Socks Day!	21	22 School Nurse Drop in 9:30 - 10:30	23	24 Year 5 SH Forest School Session	25	26
27	28	29	30			



Term Dates

2023- 2024



Autumn Term 2023

First Half (35 Days)

INSET – Monday 4th, Tuesday 5th and Wednesday 6th September 2023

Start – Thursday 7th September 2023

End – Friday 20th October 2023

Half Term: Monday 23rd October 2023- Friday 27th October 2023

Second Half (38 Days)

Start – Monday 30th October 2023

End – Wednesday 20th December 2023

Holidays: Thursday 21st December 2023 to Friday 5th January 2024

Spring Term 2024

First Half (25 Days)

INSET – Monday 8th January 2024

Start – Tuesday 9th January 2024

End - Friday 9th February 2024

Half Term: Monday 12th February 2024 – Friday 16th February 2024

Second Half (29 Days)

Start - Monday 19th February 2024

End – Thursday 28th March 2024

Holidays: Friday 29th March to Friday 12th April 2024

Summer Term 2024

First Half (29 Days)

Start – Monday 15th April 2024

End - Friday 24th May 2024

Half Term: Monday 27th May 2024 - Friday 31st May 2024

Holidays May Day Bank Holiday: Monday 6th May 2024

Spring Bank Holiday: Monday 27th May 2024 (during Half Term)

Second Half (38 Days)

Start - Monday 3rd June 2024

End – Wednesday 24th July 2024

This calendar gives a total of 194 (190 pupil days plus 4 inset days – Staff to work twilight sessions to make up 1 inset day).