

Saint Saviour's Sports Premium - End of Year Review

Over the course of the year, sport and physical education have continued to make a vital contribution to pupils' health, wellbeing, and personal growth at St. Saviour's. The strategic use of the PE and Sport Premium has further enhanced our provision, enabling us to broaden participation, raise the quality of teaching, and embed a strong culture of physical activity across the school. As a result, pupils are more active, confident, and engaged, with the positive effects extending beyond the curriculum and into the wider school community.

Building Confidence, Knowledge, and Skills of Staff in Teaching PE and Sport

Throughout the year, delivering high-quality PE lessons across all year groups has remained a central priority. Every pupil has continued to participate in two timetabled PE sessions each week, ensuring regular opportunities for skill development and physical activity. Lessons are underpinned by carefully sequenced, expert-designed plans that promote the progressive development of physical competencies across a broad and balanced curriculum. This approach has introduced pupils to a wide range of sports while supporting their confidence, teamwork, and resilience.

Promoting Active Engagement of All Students in Physical Activity

Children at St. Saviour's have had opportunities to take part in exciting sports competitions, events and activities. St Saviour's children have taken part in a netball competition, a basketball competition, a girl's cricket competition, a boy's cricket competition and a dance showcase. As well as this, children in Year 6 took part in the Tour de Waltham Forest and saw the England Hockey team place in Stratford. In addition, we recently hosted Bikeability training for children to learn how to ride their bikes safely. This is an especially important part of our offer to children in year 6 as they transition to secondary school as many of them will cycle to their new school.

Maximizing Physical Activity during Playtime

The school has continued to invest in high-quality sports equipment and playground resources, ensuring that pupils have access to a wide variety of activities that promote physical health and engagement. From basketball and netball to handball and table tennis, the range of sports on offer supports inclusive participation and encourages children to stay active throughout the day. Lunchtimes play a key role in this provision, with our dedicated team of Midday Assistants (MDAs) delivering a wide range of structured, enjoyable activities. Their strong relationships with the children are built around these shared experiences, fostering a positive and energetic atmosphere. MDAs receive ongoing training and support to ensure that sport and physical activity remain central to pupils' daily school life, providing valuable opportunities to explore new interests beyond the formal PE curriculum.