

## St Saviour's Sports Premium End of Term Review - July 2024

At St Saviour's Primary School we believe that sport plays a crucial role contributing to the health and mental well-being of our children. We also believe that sporting excellence and participation go hand in hand with academic standards as children develop confidence and belief in themselves which translates into the classroom.

### Provision and Resources

High quality PE lessons were delivered to all children twice a week. The PE curriculum was carefully mapped out to ensure that children were exposed to a variety of units to engage, inspire and ensure the children develop key skills. In addition, the curriculum also ensures that there is progression across units from Y1 to Y6. This ensures that knowledge and skills are developed and children are able to build their proficiency. Alongside progression, the curriculum enables children to try a range of sports. This exposure broadens children's horizons to promote a lifelong enjoyment of sport.

Opportunities for assessment were planned into units to enable pupils to assess their progress in different areas and to identify strengths and areas for development.

Intensive swimming blocks were offered to all Y4 children this academic year to enable them to develop their competence in the water. This opportunity ensured children achieved a vital life skill and also promoted confidence, concentration and resilience, which could be applied into other areas of learning.

Professional Sports Coaches delivered sessions as part of our extra curricular offer. High quality sessions from expert coaches ensure that physical activity was successfully promoted and encouraged. A range of sports were offered this year, including tennis, multisports club and ninja warrior obstacle courses. This range of activities and disciplines provided additional enriching opportunities for children to flourish.

We continued to provide additional provision for pupils through sports mentor sessions three times a week. These sessions are delivered by a specialist mentor who develops confidence, esteem, collaboration, communication and resilience to support the personal development of target children. These additional interventions supported children both physically and emotionally to improve their focus and achievement in academic lessons.

Resources were regularly audited and reviewed by the PE Lead and were replenished on a rolling programme. The playground is zoned to enable a variety of activities for break times and lunchtimes. A range of activities are available to the children including handball, hockey and table tennis. Using pupil voice, this continued to be reviewed and adapted to ensure high levels of engagement and positive interaction from all pupils.

Mental Health Awareness Week promoted movement this year as a way to support positive mental health. At St Saviour's, a range of activities were delivered including whole school aerobic lesson

delivered by a parent, carousel of activities and 'Run a Mile' which were both led by the Sports Council.

Our Sports Council have been instrumental in facilitating 'Run a Mile' in the autumn and summer term and have also supported the PE Lead to deliver successful sports days for EYFS, KS1 and KS2.

Each year group has had Forest School sessions each term. These sessions have offered further opportunities for children to develop their physical movement and fitness and work in collaboration.

### Knowledge and Skills

Regular CPD was delivered by our PE lead to support the effective teaching of PE through practical sessions. These sessions modeled all aspects of the lesson from the initial plan to differentiation and assessment. As a result, teachers were supported to deliver high quality PE lessons which accurately meet the needs of the children that they teach. They understand the importance of progression to consolidate key skills which were developed across units and year groups and are confident in differentiating effectively.

The PE lead has continued to monitor and evaluate the quality of PE lessons delivered across the school and works 1:1 with teaching staff to ensure that they are of the highest standard.

### Sporting Events

Opportunities for pupils to be involved in borough competitions and sporting events for this academic year have been arranged and attended including sporting events in basketball, netball and cricket.

We have had girls' team and boys' team attend each of these events which has also supported us to raise the profile of girls in sport by celebrating their success.

The girls' cricket team were invited to represent Waltham Forest at the London Youth Games in June where they played a series of games against teams across London.

At the start of the year, we participated in a SEND event in the borough which offered the opportunity for many of our children with SEND needs to socialise and participate in games and activities.

Later this month, some of our Y6 pupils will be taking part in a transition event. This event encourages the participation of children reluctant in sport or children who display anxiety to build their confidence as they prepare to transition to secondary school.

At every competition, the children displayed the values of the school and were model ambassadors to the borough of Waltham Forest. These opportunities have positively influenced behaviour, attitudes and supported children's esteem and attainment. They have provided children with opportunities to develop skills and explore a sport that they had not played or participated in before. Key pupils have been targeted to benefit from additional opportunities to develop cooperation and communication skills.