

## Sports Premium End of Term Review July 2023

At St Saviour's Primary School we believe that sport plays a crucial role contributing to the health and mental well-being of our children. We also believe that sporting excellence and participation go hand in hand with academic standards as children develop confidence and belief in themselves which translates into the classroom.

## **Provision and Resources**

High quality PE lessons were delivered to all children twice a week. The PE curriculum was carefully mapped out to ensure that children were exposed to a variety of units to engage, inspire and ensure the children develop key skills. Offering opportunities for pupils to try a range of different sports supports the promotion of a lifelong enjoyment of sport. Opportunities for assessment were planned into units to enable pupils to assess their progress in different areas and to identify strengths and areas for development.

Intensive swimming blocks were offered to all Y4 children this academic year to enable them to develop their competence in the water. This opportunity ensured children achieved a vital life skill and also promoted confidence, concentration and resilience, which could be applied into other areas of learning.

Professional Sports Coaches delivered sessions both in school time and also as part of our extra curricular offer. High quality sessions from expert coaches ensure that physical activity was successfully promoted and encouraged. A range of sports were offered so far this year, including karate, golf and archery. This range of activities and disciplines provided additional enriching opportunities for children to flourish.

We provided additional provision for pupils through sports mentor sessions three times a week. These sessions are delivered by a specialist mentor who developed confidence, esteem, collaboration, communication and resilience to support the personal development of target children. These additional interventions supported children both physically and emotionally to improve their focus and achievement in academic lessons.

Resources were regularly audited and reviewed by the PE Lead and were replenished on a rolling programme. The playground is zoned to enable a variety of activities for break times and lunchtimes. Using pupil voice, this continued to be reviewed and adapted to ensure high levels of engagement and positive interaction from all pupils.

## **Knowledge and Skills**

Regular CPD was delivered by our PE lead to support the effective teaching of PE through practical sessions. These sessions modeled all aspects of the lesson from the initial plan to differentiation and assessment. As a result, teachers were supported to deliver high quality PE lessons which accurately meet the needs of the children that they teach. They understand the importance of progression to consolidate key skills which were developed across units and year groups and are confident in differentiating effectively.

The PE lead has continued to monitor and evaluate the quality of PE lessons delivered across the school and works 1:1 with teaching staff to ensure that they are of the highest standard.

## **Sporting Events**

Opportunities for pupils to be involved in borough competitions and sporting events for this academic year have been arranged and attended including sporting events in basketball, cycling and cricket.

At every competition, the children displayed the values of the school and were model ambassadors to the borough of Waltham Forest. These opportunities have positively influenced behaviour, attitudes and supported children's esteem and attainment. They have provided children with opportunities to develop skills and explore a sport that they had not played or participated in before. Key pupils have been targeted to benefit from additional opportunities to develop cooperation and communication skills.