



# The CofE Federated Schools of St Mary's and St Saviour's



## Relationships & Sex Education Policy

Ratified: Autumn 2016 Reviewed: Every 2 years  
Next Review: Autumn 2018

### School statement

We embrace the 'Values Framework for Sex & Relationship Education' drawn up by Waltham Forest Standing Advisory Council on Religious Education. RSE Guidance (2000) is supported by the Learning and Skills Act (2000) which requires that:

- Young people learn about the nature of marriage and its importance for family life and the bringing up of children;
- Young people are protected from teaching and materials which are inappropriate having regard to the age and the religious and cultural background of the pupils concerned.

### Aims

RSE should prepare young people for an adult life in which they:

- Develop confidence in talking, listening and thinking about feelings/relationships
- Can name parts of the body and describe how their bodies work
- Can protect themselves and ask for help and support
- Are prepared for puberty

### Context/Curriculum organisation

- Sex education aspects of the National Curriculum for Science are mandatory at Primary stage.
- The RSE curriculum is complementary to and distinct from Science.
- Our RSE curriculum is based upon the Christopher Winter scheme of work, delivered via three lessons at the end of summer term in Years 2 to 6.

### Procedures for Pupil Withdrawal from RSE

Parents have the right to withdraw their children from part or all of RSE outside National Curriculum Science.

Parents wishing to exercise this right should:

- Ask to see the RSE policy/scheme of work.
- Ask to meet a member of staff.
- Following the meeting, if they still wish, they should specify in writing from which part, or all, of the programme they wish their child to be withdrawn.

### Learning Outcomes

**By the end of KS1 pupils will be able to:**

- Talk about the ways boys and girls can be the same and different
- Understand that some people have fixed ideas about what boys and girls can do
- Describe the difference between male and female babies and some differences between boys and girls
- Understand that making a new life needs a male and a female
- Name the male and female body parts

### Learning Outcomes

**By the end of KS2 pupils will also be able to:**

- Explain the main physical and emotional changes that happen during puberty
- Ask questions about puberty with confidence
- Describe how and why the body changes during puberty in preparation for reproduction.
- Talk about puberty and reproduction with confidence
- Explain how to stay clean during puberty
- Demonstrate how to seek help and support during puberty
- Explain and ask questions about menstruation and wet dreams
- Describe how to manage periods and wet dreams
- Explain how babies are made
- Describe the decisions that have to be made before having a baby
- Know some basic facts about pregnancy and conception
- Describe the main stages of the human life cycle
- Understand that males and females can do the same tasks and enjoy the same things
- To know that all families are different and have different family members
- Discuss different types of adult relationships with confidence
- Understand that people sometimes have stereotypes (fixed ideas) about families
- Understand that there are different stereotypes (fixed ideas) about what males and females can do