

The Federated Schools of St. Mary's & St. Saviour's

P.E. GRANT 2015 – 2016

St. Mary's was awarded £10,515 and St. Saviour's was awarded £9,830 for the financial year 2015 – 2016. The total P.E. Grant for the Federation was £20,335.

The P.E. Grant has been used to ensure that it has an impact on the pupils in that they participate more in sports because they enjoy it and see it as fun. Also it is important that they enjoy P.E. as this will enhance a healthy lifestyle.

At the Federation pupils have the opportunity to exercise and learn new skills through a broad and balanced curriculum. Both schools are part of the Waltham Forest School Sports Network (WFSSN). Through this organisation the pupils are able to participate in external competitions with other schools within the Local Authority.

The After School Clubs consist of rugby, netball, football, fencing, multi skills sports, dance and gymnastics. The pupils are given the opportunity to try at least one of the after school activities free of charge. The after school clubs activities are offered to KS1 and KS2. We have our own specialist P.E. coaches and specialist dance and fencing teachers.

All of the above give pupils greater stamina and strengthens and tones their muscles. It also builds team spirit and engages pupils in sports through different areas of sports such as dance and fencing.

KS2 and KS1 were offered a variety of "alternative" P.E. activities which the pupils would not normally be able to sample. We have been running these activities since last academic year and it has proven to be a huge success with the pupils.

During the Spring and Summer terms the pupils will be going to Multi-Sports at Ashlyn's Farm and Harlow Climbing Wall – The climbing wall is an amazing climbing adventure which test the pupils stamina and builds core muscle.

Horse riding taster sessions has led to some of our pupils taking horse riding as a hobby outside of school. This builds confidence, stamina and core muscles and creates a sense of responsibility

Ski-ing adventure, again a wonderful stimulating engaging activity which builds stamina and core muscles.

"Enhanced" P.E. activities including running, rugby, football, Netball, hockey, dance, gymnastics, cricket, tennis, Table Tennis and training for staff

Coach mentoring led by Waltham Forest Enhanced P.E. training and resources

Activity	Expenditure
Breakfast and Lunchtime and After School Clubs	
Fencing Lessons (after school) Autumn, Spring & Summer	St. Mary's £2,850
Street Dance (after school) Autumn, Spring & Summer	St. Mary's £2,340 St. Saviour's £1,900
Rugby, Multi Sports, Netball & Football (lunchtime and afterschool) Autumn Term	St. Mary's £1,400 St. Saviour's £990
Basketball, Multi-Sports, Football Team Club (lunchtime and afterschool) Spring Term	St. Mary's £1,400 St. Saviour's £990
Horse riding for KS2 (including transport) Spring/Summer Term	St. Mary's £2,500 St. Saviour's £1,950
Skiing for KS2 (including transport) Spring/Summer Term	St. Mary's £1,100 St. Saviour's £2,100
Multi Sports at Ashlyn's Farm KS1 (including transport) Spring/Summer Term	St. Mary's £1,980 St. Saviour's £1,500
Harlow Climbing Wall KS1 (including transport) Spring/Summer Term	St. Mary's £2,100 St. Saviour's £1,520
Little Muskateers KS1 Spring/Summer Term	St. Mary's £1100 St. Saviour's £ 899
Sports Coaches – KS1 & 2 Autumn/Spring/Summer Term	St. Mary's £3,200 St. Saviour's £2,980
Enhanced P.E. activities including running, gymnastics, tennis, table tennis Coach mentoring by Waltham Forest Enhanced P.E. training	St. Mary's £1632 St. Saviour's £1500
Fees of WFSSN Autumn/Spring/Summer Term	St. Mary's £900 St. Saviour's £750
Resources for P.E. Breakfast Club Sports Activities Lunchtime Sports activities After School Club Sports Activities Kits for Sports i.e. football/netball etc.	St. Mary's £3,940 St. Saviour's £2,080
Total Expenditure	St. Mary's £26,442 St. Saviour's £19,159
Total P.E. Grant	St. Mary's £10,515 St. Saviour's £9,830

What the pupils say about our P.E. and Sports at School

- We like the variety of sports
- We like the amount of time spent being active in lessons
- We enjoy P.E.

"It (P.E.) keeps us healthy and fit!" (Yr1 – St. Mary's)

"I am much better at throwing and catching because I can even catch small objects." (Yr 2 – St. Mary's)

"I have used the benches to do lots of different balancing skills." (Yr3 – St. Mary's)

"I have learnt different passing and movement skills in basketball, its fun!" (Yr 3 – St. Saviour's)

"I enjoy the lessons – I work hard but it's enjoyable" (Yr 6 – St. Mary's)

I think the lessons are fun – I like the different activities we are taught" (Yr6 – St. Saviour's)